

WMS Group Counseling

Working together to help children!



Mrs. Kennedy, school counselor
Mrs. Minor, school counselor
Mr. Conley, student services coordinator

Phone: 660-747-5612
Fax: 660-747-8779
E-mail:
lkennedy@warrensburgr6.org
mminor@warrensburgr6.org
dconley@warrensburgr6.org

Children are faced with many life experiences that might lead them to new feelings with which they struggle to cope.

- Weekly
- 6 - 8 weeks
- During Life 101
OR
During lunch

Complete form, return to main office

If your child needs support, contact your school's counselor to learn more about small group counseling. Please complete the form below and return it

Imagine
With all
Believe
your mind.
With all
Achieve
your heart.
With all
your might.

Child's Name: _____ Child's Grade: _____

What is your concern about your child?

(continue on back of page)

I give consent for my child to participate in small group counseling at WMS.

Parents/Guardian _____ Phone _____

Email _____ Additional Phone _____

Groups Offered at WMS

"I am Enough" — Mrs. Kennedy
Every Friday during Life 101
8-10 sessions

Each girl will receive the book **I am Enough**. Mrs. Kennedy will guide an all-girl group to reflect through writing and sharing aloud on topics such as self-esteem, identity, body image, stress, friends, communication, family, managing time, reputation, and future. We will meet weekly, every Friday, in Room 201, from 9–10 a.m.



Lunch Bunches — Mrs. Minor
Lunch Time

Mrs. Minor will be doing a series of lunch bunch groups this year. Our focus will be on social skills and friendship skills. Each session will be designed around a short story or video and will include discussion/reflection and a hands on activity. Groups will be in an open format where members can come and go and choose to join based on the topic. Sessions will take place during lunch times, for example an 8th grade group would meet during both lunch shifts 10:33 - 11:19, in the middle office. Topics planned include 'frenemies', accepting differences, being yourself and first impressions.

B2... - Mr. Conley
Every Thursday during Life 101
6-8 sessions

This all boys group will meet every Thursday from 9–10 a.m. Mr. Conley will lead discussion on topics such as empowerment, leadership, self-esteem, maintaining healthy relationships, and social skills. Boys from all ages and all backgrounds are welcomed to join and be a part of B2.



If your child is facing any of these Issues (not limited to only these), consider school support groups.

- | | |
|-----------------------|---------------------------|
| ANGER | IDENTITY |
| DIVORCE | DEPLOYMENT |
| DEATH/GRIEF | ANXIETY |
| ACADEMICS | INTEREST IN SCHOOL |
| MAKING FRIENDS | ATTENDANCE |
| ASSERTIVENESS | INCARCERATION |
| SELF-ESTEEM | DEPRESSION |

